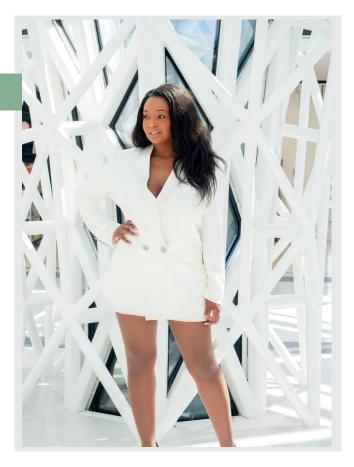
## Erin M Moss

### Who am I?

My name is Erin M. Moss, I've been a Licensed Mental Health Therapist for over ten years. I own my private practice, Erin M. Moss Mental Health Counseling Private Practice, and have been offering counseling at this location for over eight years. Throughout my career I have provided therapy for children, teens, and adults facing mental health challenges, and I've also been a contributor on the topic of mental health for media outlets in both the Western New York Community and across the country.

I am passionate about speaking openly on the topics of mental health and wellness, and I feel a strong desire to help others. I also want to encourage those who look like myself that it's okay to care for your



mental wellbeing. I realize as a Black therapist how important it is to break the stigma surrounding mental health in communities of color. A big part of my mission is to break that stigma and advocate for more Black representation in the healthcare field, and in the media.

#### As Seen On



**Erin M Moss** 

#### **Specialities**



My specialities include **anxiety**, **self-esteem building**, and **depression**. I also focus on a wide range of mental health and wellbeing issues including:

- $\cdot$  Abandonment
- Abuse
- At-risk youth
- Behavioral issues
- Career counseling
- Coping skills
- Codependency
- Domestic abuse
  or violence
- Emotional disturbance
- Family conflict

- Multicultural concerns
- Oppositional defiance
- Peer relationships
- Racial injustice
- $\cdot$  Relationship issues
- $\cdot$  Spirituality
- $\cdot$  Suicidal ideation
- Teen violence
- Trauma & PTSD
- Women's issues

# **Erin M Moss**

Email: erinmmoss.booking@gmail.com

Website: www.erinmmoss.com

Facebook: https://bit.ly/33cl78L

